



# TRARALGON COLLEGE NEWS

RESPECT RESPONSIBILITY RESILIENCE

May 2026

TERM TWO NEWSLETTER

Vol 1 Issue 3



## IMPORTANT DATES AND EVENTS

### MAY

- 22nd Progress Reports
- 28th School Photos Catch-Up Day
- 29th Interschool Table Tennis

### JUNE

- 3rd Year 8 Celebration Evening
- 5th Sports Colours Day
- 8th King's Birthday Public Holiday
- 9th - 12th Gippsland Tech School Visits
- 15th - 18th Year 11 Exams
- 15th VCE VM Units 2 & 4 Commence
- 16th GAT
- 19th Student Free Day - Report Writing
- 22nd - 24th Year 9 Camp
- 26th Last Day of Term 2

### JULY

- 13th Term 3 Commences
- 13th-15th Year 8 Camp
- 15th VCE Information Evening
- 16th Courage to Care Incursion
- 20th-24th Year 10 Work Experience
- 22nd Step Up to Grey Street
- 24th College Production - Chicago

In this newsletter

Upcoming Events  
and Important Dates

Message from the  
College Principal  
featuring Term 2  
Highlights

Koorie Connections

Messages from the  
Wellbeing Team

Community & Safety  
Announcements



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## MESSAGE FROM THE COLLEGE PRINCIPAL

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### ***Educating with purpose, leading with passion - a new era at Traralgon College***

As we move further into Term 2, there continues to be a tremendous amount of activity across the college. I would like to acknowledge the enthusiasm, commitment and participation of our students, staff and families in the many opportunities being provided.

Earlier in the term, our School Captains represented the college with pride and maturity at the local ANZAC Day service alongside Assistant Principal Daniel King. Their respectful participation reflected the values of our school community and was greatly appreciated.

Our Year 7 students recently participated in their camp, at Rumbug, which provided wonderful opportunities for students and staff to build connections, confidence and resilience through a host of challenges, games and activities. The camp is an important part of our school Year 7 program, aimed at fostering strong staff student relationships and promoting a sense of connectedness as students continue their transition into secondary school.

At the senior school, students have continued to explore post school vocational pathways engaging in Federation University tertiary information sessions and Gippsland Technical school vocational skill building programs. Our VCE – VM students have been mentoring younger students at our Shakespeare Street Campus and at Stockdale Road primary school. All these opportunities are helping our students increase their employability and explore future pathways that enable them to make informed decisions about post-school options.

We continued to extend our secondary school transition program with a second Grade 5–6 awareness day. We welcomed a further 350 students, in addition to the 370 students who attended our first awareness day in term one, from our local feeder primary schools where we showcased the many educational opportunities, extracurricular programs and student support services available across the college.



In late April we were pleased to receive the preliminary release of our NAPLAN data. Early indications suggest promising growth and achievement results across several areas. The initial results reflect the hard work of our students and the ongoing dedication of our staff to improving learning outcomes for every student. The full data release package will follow later in the year, at which time we will receive full confirmation of our performance. In the meantime, we have commenced data analysis to help target programming and staffing resources appropriately. We are directing resources towards ensuring that every student has access to the supports necessary to experience literacy and numeracy success.



A key focus for our college continues to be strengthening instructional practice in every classroom. Staff are continuing to engage in professional learning and collaborative work focused on consistent, high-quality teaching practices that support student learning, engagement and achievement across all year levels. We have invested significant time and energy at the college in this area. In addition, we have been partnering with Kurnai College to support system wide improvement, collegiate relationships and collective responsibility for continued instructional improvement and positive student outcomes.

Student engagement opportunities continue to grow across the college. The commencement of our lunchtime activity clubs at Shakespeare Street Campus has been a great success. These clubs are already proving popular and provide students with valuable opportunities to connect, develop interests and build positive relationships during the school day. Our performing arts students and staff continue to work hard in rehearsals for our upcoming production of Chicago. Rehearsals are progressing exceptionally well, and we look forward to sharing what promises to be an outstanding production with our community later in the year. We are incredibly proud of the students representing the college in STEM and innovation programs, including our team currently participating in the Hydrogen Powered Vehicle challenge. Their creativity, teamwork and

problem-solving skills have been outstanding. Our students and staff had an engaging, rewarding and enjoyable experience at the Health Camp at Latrobe Regional Hospital. These programs and activities provide invaluable insights into health careers and future pathways within our region.

Student wellbeing and community partnerships remain a strong focus. We continue our partnership with local police through the Blue Edge program and SOCIT cyber safety sessions, both of which provide important learning opportunities around leadership, wellbeing, respectful relationships and online safety. Last week we were excited to host our highly successful community Campfire Conversation weaving workshop. This evening brought together students, staff and educational leadership from several schools and the regional office in a meaningful and engaging cultural learning experience. We are also proud to continue our involvement in the Live4Life program, with students actively promoting positive mental health and wellbeing across the college. Their leadership in helping reduce stigma and encouraging help-seeking behaviours plays an important role in supporting a positive and connected school culture. Next week our Live 4 Life crew will be presenting at the Latrobe City Council. They will be meeting to advocate for ongoing funding for the program in our community. The opportunities all these activities create continue to strengthen our sense of community, belonging, engagement and school pride.

Last week marked the commencement of the Attitudes to School Survey for our students. The survey provides valuable feedback that helps us better understand student experiences, wellbeing and engagement at school. Student voice remains an important part of our improvement journey, and we appreciate students taking the time to provide thoughtful feedback. The students who have participated so far have done so responsibly and respectfully.

Thank you again to our students, staff, families and community partners for the ongoing support provided to our college. It is wonderful to see so many students embracing the wide range of opportunities available to them both inside and outside the classroom. Together we look forward to a productive and successful second half of the term.

Fiona Milkins  
College Principal



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## EVERY DAY COUNTS

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### TIPS TO HELP IMPROVE YOUR CHILD'S ATTENDANCE

*an excerpt from the Victorian Government*

<http://www.vic.gov.au/attendance-and-missing-school>

Setting up good attendance patterns and addressing attendance issues promptly can lead to future success and help your child feel more engaged and connected at school.

Here are some ideas which may assist you in supporting your child to attend school:

- Talk to your child about school and the importance of attending every day. You can ask them how they feel about school, what interests them or if they are having any difficulties. Some problems to look out for include:
  - bullying or cyberbullying
  - feeling isolated at school
  - disliking or feeling disconnected from the school culture or environment
  - falling behind in school work or feeling overwhelmed about keeping up
  - disliking school subjects, choice of subjects, or not feeling challenged by the work
  - finding relationships with teachers or other students at school difficult
  - competing demands on time, such as extracurricular activities
  - not feeling understood and fully accepted by peers or teachers
  - not experiencing cultural acknowledgement and understanding
- Encourage and celebrate good attendance habits with your child, including arriving at school on time every day.
- Set a good example. Show them how you keep to your own commitments.
- Encourage your child to take on hobbies at school that they enjoy such as sports and clubs. This will help them develop positive relationships outside of the classroom setting and can help your child feel part of a group, important to the school, and more motivated.
- Help your child maintain daily routines such as finishing homework and getting a good night's sleep.
- Help them pack their school bag the night before with everything they need.
- Have a set time for breakfast.
- Plan for your child to meet with a friend so they can travel to school together.

Remember, Every day counts.

Act early if you are concerned about your child's attendance and contact their school to discuss how you can work together to support positive attendance.



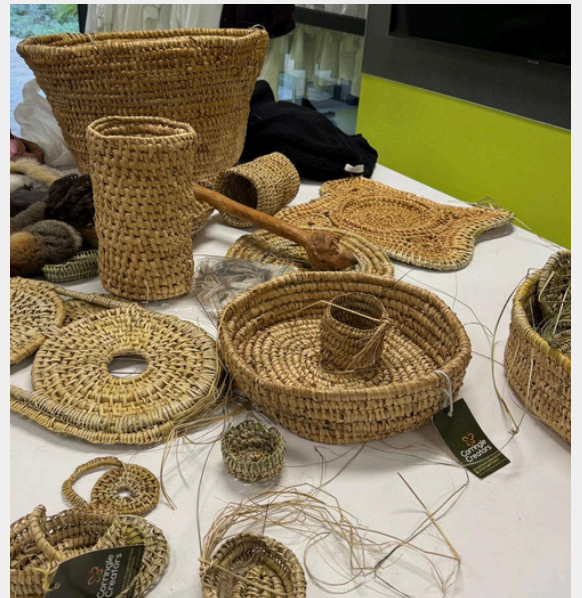
## KOORIE CONNECTIONS

### CAMPFIRE CONVERSATIONS

Students, staff and community members gathered around the campfire for another wonderful evening of connection, conversation and learning as part of our Campfire Conversations. A highlight of the evening was the opportunity to work alongside the talented weavers from Corringale Creators, who generously shared their knowledge, stories and weaving skills with those attending. Participants had the chance to learn traditional weaving techniques, create their own pieces and gain a deeper appreciation for the importance of culture, storytelling and connection through art.

The evening provided a welcoming space for students and families to come together, share conversations around the campfire and strengthen connections within our school community. Opportunities such as these are an important part of celebrating culture, building understanding and creating a sense of belonging for all.

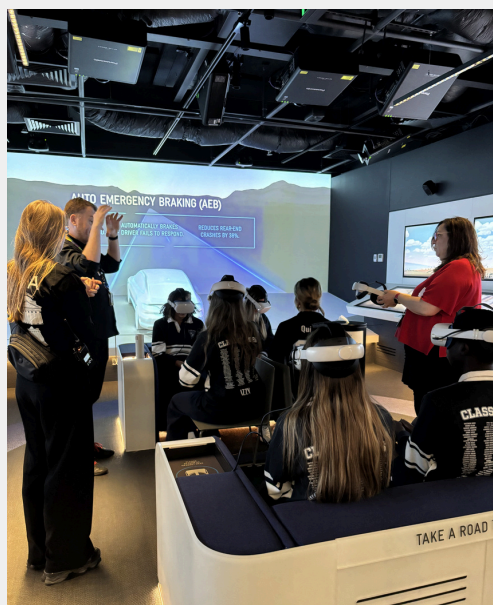
Thank you to Corringale Creators for sharing their time, knowledge and creativity with our community, and to everyone who attended and helped make the evening such a success. We look forward to our next campfire conversation on the 6<sup>th</sup> of August.



# HEALTH & HUMAN DEVELOPMENT

## VCE HHD ROAD TO ZERO – MELBOURNE MUSEUM

The Year 12 Health and Human Development students had an opportunity to attend the Road to Zero program at Melbourne Museum on Wednesday. Students had opportunities to engage in interactive learning and apply their knowledge of the Ottawa Charter for Health Promotion in context by examining initiatives from TAC. They finished the excursion with a lecture session led by one of the assistant chief assessors to develop SAC and exam strategies.





## YEAR 7 CAMP

### CAMP RUMBUG ADVENTURES

Our Year 7 students headed off to Camp Rumbug for three days filled with adventure, challenges and opportunities to build new friendships and connections.

Throughout the camp, students participated in a range of activities designed to encourage teamwork, resilience and confidence while stepping outside of their comfort zones.

From outdoor challenges and games to shared experiences with friends and staff, the camp provided many opportunities for students to strengthen relationships and create lasting memories.

Camp Rumbug plays an important role in supporting students as they continue their transition into secondary school, helping to build a sense of belonging and connectedness within our college community.

A big thank you to all staff who attended camp and supported students throughout the experience, helping to make it such a positive and memorable event.





This term in Skills Hub, students have been actively engaged in hands-on learning experiences that build creativity, teamwork, and practical skills. Students explored how to use what they have around them to create something new, showing great problem-solving and initiative. They also learned about dead fences and worked together to build one around our new lemon tree, helping to protect and improve our garden space.

## HIGHLIGHTS

There has been lots of excitement as we began construction of our chicken coop, with students contributing to the building and ongoing maintenance of the Skills Hub area. In the garden, students developed their knowledge of plants by planting corn, broccoli, strawberries, herbs, and flowers, while learning how to care for and maintain them. Activities have also included building raised garden beds and creating signs to protect our new garden spaces as the seedlings begin to grow. We also enjoyed making homemade jam, connecting our garden learning to real-life skills.



Alongside these activities, students have been learning about healthy relationships, including how to manage their emotions, support one another, and work positively as a team. It has been fantastic to see students building confidence, showing respect, and taking pride in their learning space.





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## SAFETY REMINDER

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### **THE IMPORTANCE OF TRAFFIC & ROAD SAFETY & AWARENESS**

The safety of our entire school community is of utmost importance. As we all travel to and from school—whether walking, biking, using e-scooters, e-bikes, being a bus traveller or driving—all members of our school community are reminded that they must abide by all Victorian road rules, which can be found at [Home - Transport Victoria](#).

In addition, parents are reminded to follow the school parking and access signage located at both campuses. There is strictly no access to bus loops at either campus for student drop-off or pick-up.

#### **Designated Student Drop-Off & Pick-Up Zones:**

- Shakespeare Street Campus: The designated area is located at the front of the school on Shakespeare Street, clearly signed "PICK UP & DROP OFF ONLY." Please do not enter staff carparks or the Bus Exchange area.
- Grey Street Campus: Drop-off and pick-up occurs on the Grey Street service road, where zones are marked with yellow line markings and signage "Drop Off Pick Up." The Bus Exchange area is for staff vehicles only during school hours.

#### **Supervision Before and After School:**

Please be aware of the supervision times provided by school staff:

- School grounds are supervised from 8:35am to 9:00am and from 3:13pm to 3:35pm.
- Bus Exchanges are supervised from 8:10am to 8:55am and from 3:13pm to 4:00pm.

For safety reasons, students should not remain on school grounds outside of these times unless prior arrangements have been made. Staff are not available for supervision outside these hours.

#### **Other Key Safety Reminders include but are not limited to:**

Walking & Crossing - Always use footpaths and school crossings. Be sure to look both ways before crossing and follow the instructions of crossing guards when present.

Bikes & Scooters, E-Bikes & E-Scooters - Ride responsibly, wear a helmet, and obey all traffic signals. Dismount when approaching crowded areas and never ride against traffic.

Traffic & Parking - Please do not park on school grounds at any time. Observe all posted signs and be mindful of student drop-off and pick-up zones.

Speed Limits - Adhere to speed limits around the school, especially in school zones. Slow down and remain alert for students walking or riding.

Stay Alert - Avoid distractions like mobile phones when walking, riding, or driving near the school.

By working together and following these safety measures, we can create a safe environment for our students and community.

Thank you for your cooperation and commitment to keeping our school safe!

## INFORMATION FOR THE SCHOOL COMMUNITY

### SMOKING AND VAPING

Parents, carers, schools, and community all play an important role in protecting children and young people from, and educating them about, the harmful effects of smoking and vaping.

Research from **VicHealth** shows that young people care about what their parents, carers and older siblings think and do about vaping.

The Department of Education has developed resources to help you learn more about the health risks of smoking and vaping. The resources include advice about how to talk to children and young people about vaping, and where to get support. To access the resources, go to <https://www.vic.gov.au/smoking-and-vaping-advice-parents>

You can also view this video on smoking and vaping from experts at the Royal Children's Hospital Melbourne for health advice and tips for starting a conversation with young people.

### SCHOOL SMOKING AND VAPING BAN

A person must not smoke cigarettes, including e-cigarettes (regardless of whether they contain nicotine or are prescribed for therapeutic use) within school premises and within 4 metres of any pedestrian access to school premises. Smoking in these places is a fineable offence.

The smoking and vaping ban applies to:  
anyone present on school premises during and outside of school hours including students, teachers, contractors, parents or carers or the wider community, such as sporting groups  
all activities that take place on school premises including pre-schools, kindergartens, outside school hours care, cultural, sporting or recreational activities and school fetes.

The department also bans smoking and vaping at school events and excursions held off school premises.



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## DOCTORS IN SCHOOLS


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# DOCTORS IN SECONDARY SCHOOLS

Did you know, there is a GP clinic  
at school open to all students?

The clinic comes to the school  
weekly and is bulk billed!

For further information or to  
book and appointment please  
contact Nurse Keegan:

 0447 782 506

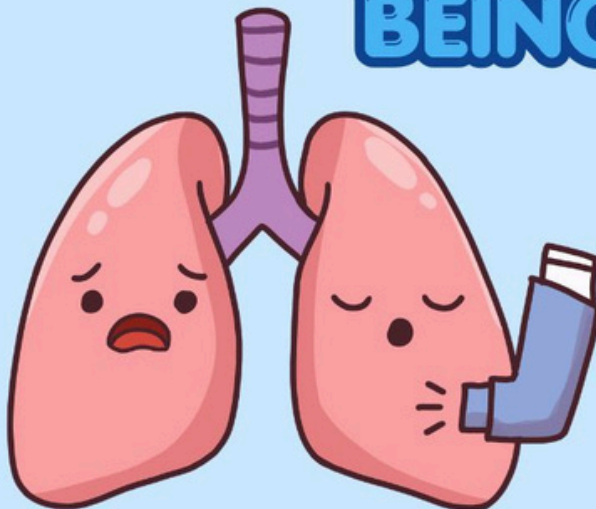
 keegan.johns@lchs.com.au

Or come into the clinic and see us:

 Grey St Campus- M18 Shakespeare St Campus- wellbeing portable



# IT AINT EASY, BEING WHEEZY!



Do you need a  
new asthma plan?

Come and see the  
Doctors in Schools  
Clinic!

To book an appointment, contact Nurse Keegan:

 0447 782 506

 keegan.johns@lchs.com.au

Or come into the clinic and see us:

## FROM THE COMMUNITY

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Date: Friday 10 July

Time: 1:00PM

Runtime: 1hour 36mins

Rated: PG

Cost: Free!!

Location: The Wedge Performing Arts Centre



WAYNE BLAIR    RHAÉ-KYE WAITES

# EMU RUNNER

**FREE KIDS MOVIE**  
Walk in's welcome  
or call to book!

TO JOIN US  
DAN-YA-SUR WEENGA

CELEBRATING  
50  
NAIDOC WEEK

Friday 10 July @ 1:00PM

**PG** Parental guidance recommended

# FROM THE COMMUNITY

## Youth Mental Health First Aid Courses 2026



**REGISTER NOW!**

**FREE**

**YOUTH MENTAL HEALTH FIRST AID®**

Session 1 - Tuesday, 6 October 2026 9am to 5pm  
Session 2 - Wednesday, 7 October 2026 9am to 5pm

MENTAL HEALTH FIRST AID®  
Australia  
Licensed Instructor

Live 4LIFE

### Face-to-face yMHFA Course

Youth Mental Health First Aid® equips adults who teach, care for, or support young people with the knowledge, skills, and confidence to recognise, understand and respond to a young person experiencing a mental health problem or mental health crisis.

This course teaches adults how to:

- identify the signs and symptoms of a developing mental health problem in a young person
- have a conversation with them when they are in distress or crisis
- support them in receiving professional help

Dates: October 6th and 7th 2026

Time: 9:00am – 5:00pm

Facilitators: Latrobe Regional Health

Venue: LV Community Mental Health, Traralgon

Cost: FREE

Registration: <https://www.trybooking.com/events/landing/1539337>

### Youth Mental Health First Aid Courses 2026

Blended Course

REGISTER NOW!

FREE

**YOUTH MENTAL HEALTH FIRST AID®**

Self-paced eLearning modules

+

One face-to-face session  
Wednesday 15th June 8:30am-4:30pm  
Lowanna College  
72-96 Newark Ave, Newborough

  
MENTAL HEALTH FIRST AID  
Australia  
Licensed Instructor

#### **Blended yMHFA Course**

Youth Mental Health First Aid® equips adults who teach, care for, or support young people with the knowledge, skills, and confidence to recognise, understand and respond to a young person experiencing a mental health problem or mental health crisis.

This course teaches adults how to:

- identify the signs and symptoms of a developing mental health problem in a young person
- have a conversation with them when they are in distress or crisis
- support them in receiving professional help

Dates: Online components to be completed between 25th May and 14th June

Face-to-face session Wednesday 15th June

Time: 8:30am – 4:30pm

Facilitators: Michael Naughton & Paul Fry

Venue: Lowanna College, Newborough

Cost: FREE

Registration: <https://www.trybooking.com/DLWAY>

# Year 12 freeonline revision workshops



Want to improve your VCE results? Need help revising?  
Are you looking for study tips?

### WHAT

Join us for our free online revision workshops. During these workshops, you will be guided through Unit 3 subject specific revision as well as advice for upcoming exams.

Workshops are delivered by highly experienced teachers with an in-depth knowledge of the curriculum. All presentations allow you to ask questions regarding content covered.

### FREE ONLINE EVENT

These workshops are available to eligible schools through ACU's Widening Participation initiatives. Teachers are more than welcome to attend as part of their professional development. Registrations are required to attend.

If you have any additional questions, please contact  
**w.p.vic@acu.edu.au**

To register, visit  
**acu.edu.au/about-acu/widening-participation/year-12-workshops**

or scan the QR code below



WORKSHOP DETAILS		
SUBJECT	DATE	TIME
English	Monday 29 June	10am-12pm
Physical Education	Monday 29 June	1pm-3pm
General Mathematics	Tuesday 30 June	10am-12pm
Maths Methods	Tuesday 30 June	1pm - 3 pm
Biolog y	Thursday 9 July	10am-12pm
Business Management	Thursday 9 July	1pm-3pm
Health and Human Development	Friday 10 July	10am-12pm
English as Additional Language	Friday 10 July	1pm-3pm

ENTRIES CLOSE SUNDAY 28 JUNE 2026

# Leadership Competition Now Open.



We're calling on young women and non-binary people aged 16-18 years in rural, regional and remote Australia to share their vision.





THIS YEAR'S THEME

*"What does the future of health look like in your community?"*

## WHO CAN ENTER?

- ✓ Young women and non-binary people aged 16-18
- ✓ Living in rural, regional or remote Australia
- ✓ Passionate about your community and making a difference
- ✓ Ready to share your vision for the future

## HOW TO ENTER

-  Written response - 400-600 words
-  Video response - 3-4 minutes
-  Visual piece + 300-400 word justification
-  Pitch a product or service

## WHAT CAN YOU WIN

- All-expenses-paid Power Trip to Canberra
- Leadership development & mentoring
- National recognition
- A powerful network of young rural leaders

## NEED INSPIRATION?

- ✓ Check out past winning entries on the Leadership Competition page at [countrytocanberra.com.au](http://countrytocanberra.com.au)
- ✓ Download the classroom entry guide on our website
- ✓ Ask your teacher about the C2C lesson plan
- ✓ Follow [countrytocanberra](http://countrytocanberra.com.au) on social media for regular updates